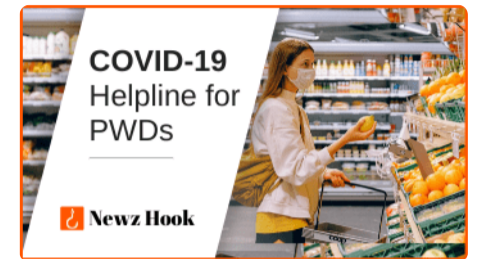




COVID-19 – Helpline for PWDs needing Groceries, Medicines & essential items



Accessibility

(<https://newzhook.com/category/acces>

COVID19 - Helpline for PWDs needing Groceries, Medicines & essential items

(<https://newzhook.com/story/h numbers-for-disabled-during-covid-19/>).


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 (<https://newzhook.com/story/helpline-numbers-for-disabled-during-covid-19/?share=jetpack-whatsapp&nb=1>)

In many cities across India, NGOs and state government agencies have set up helplines and delivery services for disabled people during the coronavirus lockdown. We have put together a list for you and this will be updated on a regular basis. If you would like to add to this list, email [editor@newzhook.com \(mailto:editor@newzhook.com\)](mailto:editor@newzhook.com).

Before we get to the list of private organisations who are helping the disabled community get medicines, groceries and other essential supplies at the doorstep, here is a [link to the government helplines \(http://www.swavlambancard.gov.in/cms/grievance-of-pwd\)](http://www.swavlambancard.gov.in/cms/grievance-of-pwd), set up across different states. You can access these numbers if you wish to reach out to government officials for help.

The Ministry of Health and Family Welfare, Government of India's common helpline numbers are 1075, [+91-90131-51515 \(tel:+919013151515\)](tel:+919013151515).

MAHARASHTRA

- [Accessibility \(https://newzhook.com/category/acces](https://newzhook.com/category/acces)
[Adaptive clothing brand Aaraam Se promises comfort & style for people with disabilities \(https://newzhook.com/story/di-abled-divyang-ashima-bhan-accessibility-adaptive-clothing-brand-aaraam-se-disabled-disability-elderly-cerebral-palsy-stroke/\)](https://newzhook.com/story/di-abled-divyang-ashima-bhan-accessibility-adaptive-clothing-brand-aaraam-se-disabled-disability-elderly-cerebral-palsy-stroke/).

- [Hand icon \(https://newzhook.com/story/di-abled-divyang-ashima-bhan-accessibility-adaptive-clothing-b-aaraam-se-disabled-disability-el-cerebral-palsy-stroke#watchsl\)](https://newzhook.com/story/di-abled-divyang-ashima-bhan-accessibility-adaptive-clothing-b-aaraam-se-disabled-disability-el-cerebral-palsy-stroke#watchsl).

- [Accessibility \(https://newzhook.com/category/acces](https://newzhook.com/category/acces)
[Delhi student Srishti Pandey's account of inaccessible exam centres resonates across India \(https://newzhook.com/story/ac-srishti-pandey-wheelchair-user-disabled-delhi-](https://newzhook.com/story/ac-srishti-pandey-wheelchair-user-disabled-delhi-)

The Office of the Commissioner for Persons with Disability, Maharashtra and Pune can be approached for help. [This is the link.](#)
(https://docs.google.com/forms/d/e/1FAIpQLSfdR8JgSsf0MC318mb4L7IJ_ZO0sJDIsBj9lg60ikBj14Uc)

MUMBAI

Project Mumbai – Free delivery of groceries/packed food/medicines.

For groceries/packed food:

Call – [+91-98795 08404 \(tel:+919879508404\)](tel:+91-98795-08404). WhatsApp – [+91 96533 30712 \(tel:+919653330712\)](tel:+91-96533-30712).

For medicines:

Call – [+91 9992999929 \(tel:+919992999929\)](tel:+91-9992999929).

Project Mumbai has also compiled a list of hospitals in Mumbai which are treating patients with Covid. [Click here \(https://docs.google.com/spreadsheets/d/1RSpxUIHX49z7pY4XXHS-M07ZXHY5IUnMNOVTmJxLOmg/edit#gid=1563137081\)](https://docs.google.com/spreadsheets/d/1RSpxUIHX49z7pY4XXHS-M07ZXHY5IUnMNOVTmJxLOmg/edit#gid=1563137081) for the list.

Disabled people in Mumbai who need dialysis can call **Ezy Mov** at [+91 90290 90880 \(tel:+919029090880\)](tel:+91-90290-90880).

Samavisht Foundation is also providing this service in partnership with Ezy Mov. [Click here \(https://pages.razorpay.com/pl_EeeRyR5ks2WQaj/view\)](https://pages.razorpay.com/pl_EeeRyR5ks2WQaj/view) to book the service.

BENGALURU

Samarthanam Trust for the Disabled – Reach out for basic groceries and mask kits.

Call:

- Naveen – [+91 94498-64786 \(tel:+919449864786\)](tel:+91-94498-64786).
- Sunil – [+91 94498-64691 \(tel:+919449864691\)](tel:+91-94498-64691).

KickStart Cabs and Big Bazaar are partnering to deliver groceries and vegetables to people's homes. WhatsApp your grocery list to [+91 81056-00445 \(tel:+918105600445\)](tel:+91-81056-00445).

NEW DELHI

Astha – For essential supplies as well as services like counselling.

Call:

- Rakesh – [+91 995608-74098 \(tel:+919560874098\)](tel:+91-995608-74098).
- Danish – [+91 98914-14742 \(tel:+9199891414742\)](tel:+91-98914-14742).

Project Delhi – Providing groceries/medicines.

For groceries, Call/WhatsApp – [+91 74111-67030 \(tel:+917411167030\)](tel:+91-74111-67030).

For medicines, Call/WhatsApp – [+91 8010 33000 \(tel:+91801033000\)](tel:+91-8010-33000).

Samarthyam India

Call – [+91 98105-58321 \(tel:+919810558321\)](tel:+91-98105-58321).

Whats App: [+91 97111-90806 \(tel:+919711190806\)](tel:+91-97111-90806).

Viklang Sahara Samiti Delhi

Call Kapil Kumar Aggarwal at [+91 98110-15733 \(tel:+9199811015733\)](tel:+91-98110-15733) and [011-27915733 \(tel:011-27915733\)](tel:011-27915733).

[education-india/](#)



(<https://newzhook.com/story/acsrishti-pandey-wheelchair-user-cdelhi-education-india#watchsl>)

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ASL Foundation Trust

Call Preeti Gupta at [+91 98186-93445](tel:+9198186-93445) (tel:+919818693445) and [+91 011-27911345](tel:+91011-27911345) (tel:+9101127911345).

CHENNAI

The Tamil Nadu government has set up two helplines for disabled people to call with queries and requests for supplies.

Dial toll free at [+1-800-425-0111](tel:+1-800-425-0111) (tel:+1-800-425-0111).

For WhatsApp and Video Calling: [+91 97007-99993](tel:+9197007-99993) (tel:+919700799993). Sign language interpretation facility available.

For a list of grocery stores that are delivering to homes, [click this link](https://www.facebook.com/nammaareablog/posts/3037829846268616?_xts_%5B0%5D=68.ARDzYuYR5OG-c-ZOkpSv124YZ-fQgsHP51VHkenSF7h7ttj5Kb4WsLHP68YTFIFKHUaOXn1nGN6F-Nhd9E_a481qTLt3Ndb17sNGgJ3vfsLcPgGlfJy3q27Mu1bXiqQKFLsdHbXkjOpdQjIK9Vo2G6dN3ZesjFmP1Zk0GI2OKPiAxFcDeT1Gt7hUS0Z9d3sHpBeUcfdYt7LKMd5ZTKpxmMo8kKGgU2iDUbsCi_JYqn99lR) (https://www.facebook.com/nammaareablog/posts/3037829846268616?_xts_%5B0%5D=68.ARDzYuYR5OG-c-ZOkpSv124YZ-fQgsHP51VHkenSF7h7ttj5Kb4WsLHP68YTFIFKHUaOXn1nGN6F-Nhd9E_a481qTLt3Ndb17sNGgJ3vfsLcPgGlfJy3q27Mu1bXiqQKFLsdHbXkjOpdQjIK9Vo2G6dN3ZesjFmP1Zk0GI2OKPiAxFcDeT1Gt7hUS0Z9d3sHpBeUcfdYt7LKMd5ZTKpxmMo8kKGgU2iDUbsCi_JYqn99lR).

COIMBATORE

Many grocery stores in Coimbatore are delivering essential supplies to homes. [Click this link](https://www.facebook.com/nammaareablog/posts/3037829846268616?_xts_[0]=68.ARAH9ozbUn69vvrZBJTO5rXzBuoAwLOwu6O7-kG8ZDucjsKhuc7kA6fbAtXi6pflXNFec-YmvF_i2n_ReXDOOqBXIZa7Ev8Dss7oCHqWVx6vTKNz1FGLKMa9DJwjXiYkPtdxkcKJR0qT3pKjtS9wZUCsVhK8oAOMLYU6BB9vIXjm8agrALob_bfsb8lr3-3dOt9-cHXegVFuVGcOaSko2fyjtPHu8X5oOmYxZqhwA2FFg9_75DDToB-V5hqEH2fSVWbuYeMAjgmvB9x0WfpgInP7XyBrtvztQH0TvsNowmYbokQ0f_ZTKml1mnQ&_tn_=_kR) ([https://www.facebook.com/nammaareablog/posts/3037829846268616?_xts_\[0\]=68.ARAH9ozbUn69vvrZBJTO5rXzBuoAwLOwu6O7-kG8ZDucjsKhuc7kA6fbAtXi6pflXNFec-YmvF_i2n_ReXDOOqBXIZa7Ev8Dss7oCHqWVx6vTKNz1FGLKMa9DJwjXiYkPtdxkcKJR0qT3pKjtS9wZUCsVhK8oAOMLYU6BB9vIXjm8agrALob_bfsb8lr3-3dOt9-cHXegVFuVGcOaSko2fyjtPHu8X5oOmYxZqhwA2FFg9_75DDToB-V5hqEH2fSVWbuYeMAjgmvB9x0WfpgInP7XyBrtvztQH0TvsNowmYbokQ0f_ZTKml1mnQ&_tn_=_kR](https://www.facebook.com/nammaareablog/posts/3037829846268616?_xts_[0]=68.ARAH9ozbUn69vvrZBJTO5rXzBuoAwLOwu6O7-kG8ZDucjsKhuc7kA6fbAtXi6pflXNFec-YmvF_i2n_ReXDOOqBXIZa7Ev8Dss7oCHqWVx6vTKNz1FGLKMa9DJwjXiYkPtdxkcKJR0qT3pKjtS9wZUCsVhK8oAOMLYU6BB9vIXjm8agrALob_bfsb8lr3-3dOt9-cHXegVFuVGcOaSko2fyjtPHu8X5oOmYxZqhwA2FFg9_75DDToB-V5hqEH2fSVWbuYeMAjgmvB9x0WfpgInP7XyBrtvztQH0TvsNowmYbokQ0f_ZTKml1mnQ&_tn_=_kR)).

MADURAI

Youth4Jobs Karuna Helpline – Call Rama between 8 am to 10 am [+91 93474 12613](tel:+919347412613) (tel:+919347412613).

WARANGAL

Youth4Jobs Karuna Helpline – Call Sreevani between 8 am to 10 am at [+91 70327 77497](tel:+917032777497) (tel:+917032777497).

TIRUPATI

Youth4Jobs Karuna Helpline – Call Sikandar between 5 pm to 7 pm at [+91 70327 77485](tel:+917032777485) (tel:+917032777485).

VIJAYAWADA

Youth4Jobs Karuna Helpline – Call Sayed Saleem between 5 pm to 7 pm at [+91 87127 21500](tel:+918712721500) (tel:+918712721500).

PUNJAB

Helpline service for deaf and hard of hearing people – [+91-98881 76357](tel:+919888176357) (tel:+919888176357).

BHUBANESHWAR

| September 15, 2020

[25 MPs test Covid+ as Parliament session begins](https://newzhook.com/story/25mps-test-covid-positive-as-parliament-monsoon-session-begins/) (<https://newzhook.com/story/25mps-test-covid-positive-as-parliament-monsoon-session-begins/>).



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[Gyms, yoga centres reopen in Delhi despite rise in Covid cases](https://newzhook.com/story/gym-yoga-centres-reopen-in-delhi-despite-rise-in-covid-cases/) (<https://newzhook.com/story/gym-yoga-centres-reopen-in-delhi-despite-rise-in-covid-cases/>).



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<https://newzhook.com/story/ta-nadu-disability-commissioner-differently-abled-ektha-drai-strongly-urge-students-to-do-exam-tn-government-refuses-to-relent-on-class-10-exam-for-disabled-students#watchsl>

Youth4Jobs Karuna Helpline – Call Laxmidhar Jena between 8 am to 10 am at [+91 87598 67477](tel:+918759867477) (tel:+918759867477).

TRICHY

Youth4Jobs Karuna Helpline – Call Swathi between 5 pm to 7 pm at [+9193474 12609](tel:+919347412609) (tel:+919347412609).

PATNA

Youth4Jobs Karuna Helpline – Call Sasanko Roy between 8 am to 10 am at [+91 77972 63537](tel:+917797263537) (tel:+917797263537).

RANCHI

Youth4Jobs Karuna Helpline – Call Siraj Nag between 8 am to 10 am at [+91 78943 00173](tel:+917894300173) (tel:+917894300173).

GUWAHATI

Youth4Jobs Karuna Helpline – Call Chayanika between 8 am to 10 am at [+91 73990 69663](tel:+917399069663) (tel:+917399069663).

DEHRADUN

Youth4Jobs Karuna Helpline – Call Nidhi Rana between 8 am to 10 am at [+91 84487 64159](tel:+918448764159) (tel:+918448764159).

AHMEDNAGAR

Youth4Jobs Karuna Helpline – Call Vijay Satdive between 5 pm to 7 pm at [+91 73506 40303](tel:+917350640303) (tel:+917350640303).

Anamprem Bhawan – Call Ajit Kulkarni at [+91 90110 20174](tel:+919011020174) (tel:+919011020174).

CHITRAKOOT, UTTAR PRADESH

Drishti – Call Shankarlal Gupta at [+91 97211 57193](tel:+919721157193) (tel:+919721157193).

KOLKATA

Sruti Disability Rights Centre – For online/telephonic counselling services for disabled people and caregivers – Email sruti.darc@gmail.com (mailto:sruti.darc@gmail.com).

Big Bazaar – Call toll free number [1800-266-1686](tel:1800-266-1686) (tel:1800-266-1686). for groceries. This is for disabled people and elderly and is available between 10 am and 6 pm.

SRINAGAR

Save the Destitute Foundation – Call Zaheer Jan at [+91 98584-23611](tel:+919858423611) (tel:+919858423611).

Humanity Welfare Foundation – Call [+91 70061-39823](tel:+917006139823) (tel:+917006139823), [+91 94197-46398](tel:+919419746398) (tel:+919419746398), [+91 99065-37577](tel:+919906537577) (tel:+919906537577).

Big Basket has launched Preferential Delivery Service for disabled people in 26 centres. You can get this service by [filling out this form](https://docs.google.com/forms/d/1P4zm4yvaFwzaSfz9_aQ-DjS2RZky4CeIMOQPf56p9Fo/edit) (https://docs.google.com/forms/d/1P4zm4yvaFwzaSfz9_aQ-DjS2RZky4CeIMOQPf56p9Fo/edit).



(<https://newzhook.com/contribute-to-newzhook>).

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We will keep updating this list. If you know of organisations or individuals helping the disabled community during this lockdown, email us at editor@newzhook.com (<mailto:editor@newzhook.com>).

Watch in Sign Language

Helpline numbers for disabled during COVID 19



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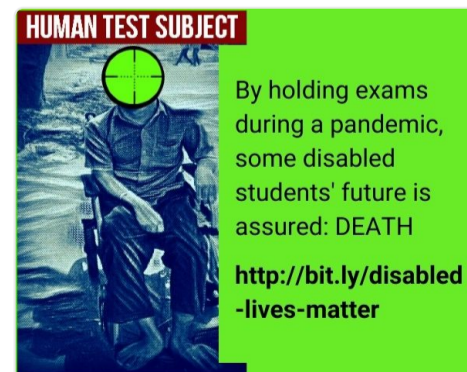
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[Case filed with Karnataka Disability Commissioner against prominent](#)



By holding exams during a pandemic, some disabled students' future is assured: DEATH

<http://bit.ly/disabled-lives-matter>



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(<https://newzhook.com/story/togetherwecan-speak-up-series-mental-health-during-lockdown-disabled-kerala/>).

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[Calicut University book on parenting kids with disabilities translated into foreign languages](https://newzhook.com/story/caregivers-disabled-disabilities-unesco-guidelines-cdmrp-coronavirus-pandemic-covid-differently-abled-calicut-university-book-on-parenting-children-with-disabilities-translated-into-many-foreign-languages)
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[Bengaluru residential society for RPWD violations](https://newzhook.com/story/elitapromenade-disabled-disability-residential-association-accessibility-case-filed-with-karnataka-disability-commissioner-against-prominent-bengaluru-residential-society-for-rpwd-violations/)
(<https://newzhook.com/story/elitapromenade-disabled-disability-residential-association-accessibility-case-filed-with-karnataka-disability-commissioner-against-prominent-bengaluru-residential-society-for-rpwd-violations/>).

Education
(<https://newzhook.com/category/education/>)
[Petition to TN Disability Commissioner highlights risks & injustices of Class 10 board exams](https://newzhook.com/story/vigra-balakrishnan-madras-high-court-ekta-foundation-disability-class-10-board-exams-parents-disabled-children-in-tiruchirappalli-declare-non-cooperation-movement#watchsl)
(<https://newzhook.com/story/vigra-balakrishnan-madras-high-court-ekta-foundation-disability-class-10-board-exams-parents-disabled-children-in-tiruchirappalli-declare-non-cooperation-movement#watchsl>).



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[Handicare enables people with lower limb disability to move around in a safe, hygienic manner](https://newzhook.com/story/21589#watchsl)
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[Champ para swimmer Wg Commander Shantanu looks to set a new record, this time in rowing](https://newzhook.com/story/21992)
(<https://newzhook.com/story/21992>).